

## The Amrita Personal Health Record



Amrita Personal Health Record (APHR) is an electronic tool for managing all of your health and medical information in one USB Flash Drive. APHR includes information about your health and medication history, emergency contact information, allergies etc.

### The Purpose of APHR

For you and your doctors, a Personal Health Record can be of great value. The Personal Health Record can be used to manage, store and share your health data. When more health data is at the fingertips of you and your doctors', healthcare quality improves a great deal. With more information at your command, you can be more involved and able to make better healthcare choices. Amrita Personal Health Record may give doctors important data they need in an emergency when you, without such a device, cannot give it. Amrita Personal Health Record also can give doctors the data they need to make healthcare decisions.

### Benefits



- Amrita Personal Health Record can provide detailed records of your health history without you having to remember or keep paper records of allergies, injury and illness dates or treatments you have received.
- Should you choose to, the information in your APHR can be shared with your clinician so he or she can easily see what types of treatments you have undergone and what medications have been prescribed for you.
- As doctors' offices and hospitals increasingly use electronic record-keeping systems, PHRs connected to hospital or medical office information systems will simplify the patient registration process.
- PHRs help clinicians identify potentially harmful interactions between medications you may be taking.
- Amrita Personal Health Record is not only a storage device, but it also helps you to communicate with your health provider and friends by sharing the health records through a centralized web portal.



### Frequently Asked Questions (FAQs)

#### 1. What information is included in my APHR?

Your APHR will have the ability to include a health summary, risk factors such as allergies, family and social histories, routine and emergency contact details, medication history etc. You may also choose to include other important information.

#### 2. Where does the information in my APHR come from?

Your APHR is populated from a variety of different sources. Some of the information will be entered by you. Other pieces of information may be provided automatically through your visits to clinicians. In some cases, your APHR can be pre-populated with historical and current medical and pharmacy information from multiple electronic sources and updated periodically.

#### 3. How will the information from my APHR be used?

You can use the information in your APHR to keep track of all of your personal health information. Clinicians you visit may use the information in your APHR to help determine a course of treatment and to coordinate care for chronic health conditions such as diabetes and heart disease.

#### 4. Who could see the information in my APHR?

Only individuals authorized by the owner of the PHR will have access to the information. These authorized individuals may be clinicians, a family member or another person(s) you identify. In an emergency, the clinicians caring for you also may be able to see the personal health information contained in your APHR.

#### 5. How will clinicians access the APHR?

You may elect to give clinicians your APHR before or at the time of your visit. Also, with your authorization, you can have your information transmitted securely to your clinicians or their authorized staff so that they can view your personal health information before or during your visit.

## APHR Privacy and Access

Your APHRs are private and secure. No one can view a person's PHR without appropriate consent, except possibly in a critical emergency situation (for which you may be able to specify access and viewing permissions that would apply). In this type of situation, emergency care clinicians should be able to learn if you have allergies or are taking medications that may affect your care, for example, and so may be able to access your medical history when you are incapable to provide them with the information they need. The information contained in your APHR is meant to be available at all times, whenever and wherever you and your authorized users have access to the Web.

### FEATURES

#### Personal Electronic Medical Records and Home Monitoring

Amrita PHR makes it easy for you to manage your medical records. Now you can upload and analyze data from home monitoring devices such as blood pressure cuff, and remind yourself of your doctor's instruction from your last appointment.

#### Lab and Radiology Reports from all doctors

You can store medical records such as laboratory and radiology reports, progress notes, x-rays and even scanned images such as sonograms and ultrasounds. Amrita PHR can help you avoid unnecessary expensive duplicate tests when you go to a new doctor.

#### Track Drug and Prescription

It contains information on more than 50,000 prescriptions. Plus, you can print out your prescription list so that you can easily provide a doctor with information about medications prescribed by other physicians.

#### Personal data storage

The Amrita PHR Personal Health Record stores information. It's the one secure place where you can save all of your medical information.

#### Anywhere in the World

Your Amrita PHR Personal Health Record makes it possible for you to access your medical records and vital documents anytime from anywhere. Now that your PHR is with you, you can travel anywhere with peace of mind.

